

What is claimed is:

1. A cam assembly for mounting on a stationary member, comprising:
 - (a) a sliding member having a first slot defined therethrough;
 - (b) a cam; and
 - (c) a first fastener that extends through said first slot in said sliding member to said stationary member, wherein said cam is operably coupled to said sliding member to direct longitudinal movement along said stationary member when said cam is rotated.
2. The cam assembly according to claim 1, wherein said sliding member further has a face slot defined thereon to retain said cam.
3. The cam assembly according to claim 1, further comprising a second slot defined through said sliding member.
4. The cam assembly according to claim 1, further comprising a second fastener that extends through a second slot in said sliding member to said stationary member.
5. The cam assembly according to claim 1, wherein said first fastener and said second fastener comprise a head.
6. The cam assembly according to claim 5, wherein the head has a configuration that is one of hex, six-point, eight-point, ten-point, twelve-point and torx configurations.

7. The cam assembly according to claim 1, wherein the stationary member is fitted with threads that mate with threads of said fastener.
8. The cam assembly according to claim 1, wherein the stationary member has nuts fitted with threads that mate with threads of said fastener.
9. A method of making a position adjustment between a sliding member and a stationary member, comprising:
 - (a) rotating a cam;
 - (b) sliding a sliding member having a first slot defined therethrough;and
 - (c) tightening a first fastener that extends through said first slot in said sliding member to said stationary member, wherein said cam is operably coupled to said sliding member to direct longitudinal movement along said stationary member when said cam is rotated.
10. The method according to claim 9, wherein said sliding member further has a face slot defined thereon to retain said cam.
11. The method according to claim 9, further comprising a second slot defined through said sliding member.
12. The method according to claim 9, further comprising a second fastener that that extends through a second slot in said sliding member to said stationary member.

13. The method according to claim 9, wherein said first fastener and said second fastener comprise a head.

14. The method according to claim 13, wherein the head has a configuration that is one of hex, six-point, eight-point, ten-point, twelve-point and torx configurations.

15. The method according to claim 9, wherein the stationary member is fitted with threads that mate with threads of said fastener.

16. The method according to claim 9, wherein the stationary member has nuts fitted with threads that mate with thread of said fastener.

17. A means for making a position adjustment between a sliding member and a stationary member, comprising:

- (a) a sliding means having a first slot defined therethrough;
- (b) a camming means; and
- (c) a first fastening means that extends through said first slot in said sliding means to said stationary member, wherein said camming means is operably coupled to said sliding means to direct longitudinal movement along said stationary member when said camming means is rotated.

18. The adjustment means according to claim 17, wherein said sliding means further has a face slot defined thereon to retain said camming means.

19. The adjustment means according to claim 17, wherein the sliding means further comprises a second through slot.

20. The adjustment means according to claim 17, further comprising a second fastening means that extends through a second slot in said sliding means to said stationary member.

21. The adjustment means according to claim 17, wherein the stationary means is fitted with threads that mate with threads of said fastening means.